The Mount Sinai Training School for Nurses

NEW YORK CITY

CIRCULAR OF INFORMATION
1905-1906

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FACULTY.

SUPERINTENDENT OF NURSES AND PRINCIPAL OF TRAINING SCHOOL.

ANNE DRAVO VAN KIRK,

Presbyterian Hospital Training School, N. Y. City, 1896.

ASSOCIATE SUPERINTENDENT.

LYDIA E. ANDERSON,

New York Hospital Training School, N. Y. City, 1897.

SUPERVISOR MEDICAL PAVILION.

LOUISE F. ARNOLD,

The Mount Sinai Training School, N. Y. City, 1904.

SUPERVISOR CHILDRENS' PAVILION.

MARGARET I. KERRINS,

The Bridgeport Hospital Training School, Bridgeport, Conn., 1902.

SUPERVISOR SURGICAL DIVISION.

EDITH CHAPMAN,

The Mount Sinai Training School, N. Y. City, 1905.

NIGHT SUPERINTENDENT.

MABEL FLETCHER,

St. Luke's Hospital Training School, N. Y. City, 1899.

SUPERVISOR PRIVATE PAVILION.

ELIZABETH CHADWICK,

The Mount Sinai Training School, N. Y. City, 1894.

SUPERVISOR OPERATING ROOM.

EVA E. MACMATH.

The Mount Sinai Training School, N. Y. City, 1904.

ASSISTANTS.

JESSE B. MATHIESON.....HOSPITAL OPERATING ROOM

Rhode Island Hospital Training School, Providence, R. I., 1901.

EMILY L. BIZLEY.....PRIVATE PAVILION OPERATING ROOM

Bishop Memorial Training School, Pittsfield, Mass., 1893.

SUPERVISOR NURSES' PAVILION.

LILIAS F. SAVAGE,

Presbyterian Hospital Training School, N. Y. City, 1896.

REGISTRAR AND LIBRARIAN.

MAUDE L. JARVIS,

St. Luke's Hospital Training School, N. Y. City, 1897.

INSTRUCTOR IN ANATOMY AND PHYSIOLOGY.

SARA WELT KAKELS, M.D.

INSTRUCTOR IN DIETETICS.

HARRIETTE GORTON, R.N.

INSTRUCTOR IN MASSAGE.

HELÈNE OSWALD.

THE MOUNT SINAI TRAINING SCHOOL.

The Mount Sinai Training School for Nurses, established in 1881, and now in its twenty-fifth year, offers a course of instruction to women desirous of learning the art of caring for the sick. The school building is a separate structure within the grounds of the Mount Sinai Hospital, Fifth and Madison Avenues, 100th and 101st Streets, New York City. The rooms for the nurses are comfortable, well heated, lighted and ventilated, and the building is modern in all its appointments.

THE HOSPITAL.

The Mount Sinai Hospital affords exceptional advantages for the education of nurses. The new buildings, having been but recently erected, embrace the most modern and improved features of hospital construction. The equipment of the hospital, and the means furnished for the care and treatment of the sick, are second to none in the metropolis. It is one of the largest hospitals in the city and contains 490 beds devoted to the sick. Its service is varied, having general medical, surgical and children's wards, in addition to special wards devoted to the care of patients suffering with gynecological, dermatological, neurological, opthalmic, aural and genito-urinary diseases. It embraces a private pavilion and a large dispensary, thus offering unequaled opportunities for thorough practical experience in all forms of nursing. By arrangement with the trustees of the Sloane Maternity Hospital, the pupils of Mount Sinai Training School receive a three months' course in obstetrics in that famous institution. The opportunity of district nursing is granted to a limited number who desire that experience.

REQUIREMENTS FOR ADMISSION.

Candidates wishing to enter the school must apply personally or by letter to the Superintendent of Nurses. Those applying by letter should give a personal history, enclose a statment from some responsible person testifying to good moral character, and one from a physician certifying to sound health and unimpaired faculties.

Applicants must be between twenty-one and thirty-three years of age. They must have a thorough English education, and women of superior education and cultivation will be preferred.

TERM OF PROBATION.

If approved, applicants are summoned for a term of two months' probation. It is necessary that they come provided with sufficient means to enable them to return home, in case they are not suited to the work. The Superintendent decides as to their fitness for the work and the propriety of retaining or dismissing them during or at the end of their term of probation. If the record of the pupil should prove unsatisfactory during the first six months, her connection with the school may be terminated by the Superintendent. At any subsequent time the Board of Directors may dismiss a pupil upon recommendation of the Committee on Nurses and Instruction.

At the end of the probationary period of two months if accepted as pupils, nurses must sign an agreement to remain in the School, and subject themselves to the rules of the School for the full term of three years from the commencement of their term, unless sooner dismissed by the Board.

ALLOWANCE FOR EXPENSES.

The pupils receive board, lodging and laundry from the date of entrance. After the probation term of two months is completed, they receive $8.00 per month for the first

year, $12.00 per month for the second year, and $15.00 per month for the third year. This allowance is made to enable the pupils to pay for uniforms, text-books and stationery.

HOURS ON AND OFF DUTY.

The pupils act as assistants in the various departments of the Hospital, and are expected to perform any duties assigned to them by the Superintendent of the Training School. The day nurses come on duty at seven in the morning and stay until relieved by the night nurses, who come on duty at seven in the evening.

Unless urgently required in the wards, owing to unusual demands of the service, nurses may have one or two hours each day for study, rest or recreation, besides the regular intermission for meals. Pupils are granted leave of absence one afternoon in each week and at least three hours off duty on Sunday. All nurses are subject to emergency call day or night.

VACATION.

A period of three weeks is allowed each pupil at or near the end of her first and second years. These vacations are planned as far as possible to occur between the first of June and the last of September, and occasionally during the Christmas recess, in order that the course of studies may not be interrupted.

SICKNESS.

In sickness all pupils are cared for in the Mount Sinai Hospital by one of the Attending Physicians appointed for the Training School by the Board of Directors. Leave of absence will be granted only for extreme cause, and pupils will not be allowed during their course to nurse sick relatives at home. All time lost through illness or

absence must be made up. Through the generosity of one of the Directors of the Hospital, a room has been endowed for the benefit of nurses graduated from the School.

The School being non-sectarian, there are no religious services connected with it. All pupils are expected to attend the place of worship which they prefer.

INSTRUCTION.

The course of instruction covers a period of three full years. The students are constantly engaged in practical work in the wards, under the supervision of the Superintendent and her assistants. Regular courses of lectures by Attending Physicians and Surgeons, recitations and demonstrations are given throughout the three years.

THE JUNIOR YEAR.

The first two months of this year constitute the probation term, and this time is spent largely in the wards under the direct instruction and supervision of the Superintendent and her assistants. Classes and demonstrations are held in which the pupil is instructed as to what are the essential qualifications of a nurse, and in the simpler practical part of nursing, so that she may become familiar with the various appliances and utensils used in caring for the sick. The time spent in the wards is under special supervision as to the manner in which the pupil follows the instruction received in demonstrations, and as to her general fitness of disposition and temperament for the work of nursing. At the end of the two months an examination is held covering the instruction of the period. If this examination is passed successfully and the pupil's work and personality have been satisfactory, she dons her uniform and cap, and becomes an accepted student in the School. During the remainder of the year the pupil has bedside clinics weekly, in which she is taught the practice of nursing. In a series of classes

a careful study is made of the physiological action and effect of drugs, of proper methods of administering and of the effect of poisons and their antidotes. These classes are followed by another series taking up the Principles and the Ethics of Nursing.

THE INTERMEDIATE YEAR.

The practical work of the Intermediate Year is a continuation of that of the Junior Year, and instruction is given in the men's and women's medical and surgical, in the gynecological and children's wards. The theoretical work consists of a course in Anatomy and Physiology. The lectures and recitations include a study of the structure and development of the human body, a further study of the physiology of digestion, circulation, respiration and the special senses. While necessarily limited, the course is thorough as far as it goes and is given by a physician who has made the subject a specialty.

THE SENIOR YEAR.

The practical work of the Senior Year includes obstetrics, diseases of the special senses, operating room work, and the experience gained by head-nurseship in the various wards. Dietetics and Massage are taught both theoretically and practically in this year.

EXAMINATIONS.

Examinations are held at the close of the courses of instruction in the various subjects. These examinations, which are both written and oral, include practical tests, and the standing of the student is based upon the general character of her work throughout the year, as well as upon the results of the examinations. Students must pass on all subjects before entering upon the work of the following year.

GRADUATION.

The diploma of the School will be awarded to those who have completed satisfactorily the full term of three years, and have passed successfully the final examinations. A diploma is also awarded by the Sloane Maternity Hospital for the three months' obstetrical course.

SCHOLARSHIPS.

The Murry Guggenheim Scholarship Fund provides twelve scholarships of the value of $100.00 each. These scholarships will be awarded at the close of every school year to the six members of the Junior, three of the Intermediate, and three of the Senior classes, who have shown exceptional merit in all branches of the work. It is thus possible for one nurse to obtain the scholarships of the three successive years.

LIBRARY.

There has been donated to the Nurses' Pavilion a library of works of standard authors. To this the nurses have access on stated days. In addition to the above there is a valuable reference library given and endowed by a friend of the Training School. This contains books which supplement the class work and enable any pupil to pursue advanced study while in the School. Magazines and papers supply general information and keep the nurses interested in current events.

REGISTRY.

The Training School maintains a registry for the graduate nurses of the Mount Sinai Hospital. There has been a steady increase in the number of calls for Mount Sinai graduates. In the year 1904 there were 1,303 calls, an advance of 119 over the previous year.

CLASS OF 1906.

May M. Slater.....Breton, Canada
Martha Scott.....London, Canada
Florence A. Robertson.....Charlottetown, P. E. Island
Florence P. Bosse.....Tacoma, Washington
Emma B. Young.....Troy, New York
Marea Martin.....Brooklyn, N. Y.
Esther Hamburger.....Albany, N. Y.
Lucy O. Wootten.....Wilmington, North Carolina
Helen Read.....London, Canada
Mary Strickland.....Lakefield, Canada
Frances O. Lapatnikoff.....Toronto, Canada
May M. Moore.....Rockford, British Columbia
Miranda D. Lake.....Pleasantville, N. J.
Noeline Whittaker.....Los Angeles, California
Madeline B. Gilette.....Colchester, Conn.
Lucile Goodhart.....New York City, N. Y.

CLASS OF 1907.

C. Margaret Conrad.....Toronto, Canada
Ada G. Welton.....Grand Rapids, Mich.
Bessie A. Chapman.....Schenectady, New York
Julia M. Chapman.....Schenectady, New York
Lillian V. Meehan.....Halifax, Nova Scotia
Kate B. Macdonald.....Halifax, Nova Scotia
Belle Darrell.....Hamilton, Bermuda
Nellie E. Kirby.....Syracuse, New York
Eva E. Elliott.....London, Canada
Winifred Forsyth.....London, Canada
Mary E. Lee.....Great Barrington, Mass.
Reba Goldman.....Ithaca, New York
Lillian Bradley.....Sidney, New South Wales
Rose Kerner.....Chelsea, Mass.
Amy Killaly.....Toronto, Canada
Ellen Lamb.....Hants, England
Anna B. Raddatz.....Oxford, New Jersey
Bessie Segfert.....New York City, N. Y.

Alice Moran.....Washingtonville, N. Y.
Bella Veale.....Kirkton, Canada
Gertrude Frank.....New York City, N. Y.
May G. Willsie.....London, Canada
May M. Lean.....Harwood, Canada
Anna Kinne.....Ovid, New York
Elizabeth Young.....Norwalk, Connecticut.
Theresa M. MacNab.....Salem, Ohio
L. Ethel Strahan.....Montreal, Canada

CLASS OF 1908.

Elizabeth Raddatz.....Oxford, N. J.
Milrose Day.....Kemble, Canada
Loula B. Donaldson.....Youngstown, Ohio
Pearl E. Munn.....Yonkers, N. Y.
Annie E. Grieve.....Pembroke, Canada
Adelaide M. Connelly.....Salamanca, N. Y.
Mary F. Chapman.....Blackinton, Mass.
Anna M. Kerr.....Montreal, Canada
Elin M. Skoog.....Nerike, Sweden
Margaret Bechtel.....Trenton, N. J.
Zora B. Atwater.....Elmira, N. Y.
Myrtle L. Bailey.....Sparta, Canada
Sarah Britnell.....Toronto, Canada
Alice E. Higgins.....Springfield, Mass.
Marie Hudson.....Toronto, Canada
Bessie M. Couch.....Poughquag, N. Y.
Fannie Jeanette Frank.....New York City, N. Y.
Elizabeth Goldman.....Detroit, Mich.
Gertrude M. Hall.....West Swanzay, N. H.
Agnes J. Cowles.....Toronto, Canada
Hattie M. Green.....Riverhead, N. Y.
Florence Harriman.....Brantford, Canada
Grace M. Hustwayte.....Paris, Canada
Lillian B. Lent.....New Rochelle, N. Y.
Ida Seabrook.....New York City, N. Y.
Arleen M. Sears.....Brooklyn, N. Y
Mary E. Hughes.....Buffalo, N. Y.
Alta May Lepard.....Buffalo, N. Y.
Elsie Bradford Lewis.....New York City, N. Y.
Henrietta Maring.....Indianapolis, Ind.
Carolyn H. Moore.....Brooklyn, N. Y.

Sofie Olsen.....Arendal, Norway
Kate F. Taylor.....New York City, N. Y.
Maud Lucille Flannery.....Brooklyn, N. Y.
Gertrude L. Goza.....Columbia, S. C.
Anna I. Kelley.....Skaneateles Falls, N. Y.
Dora Klass.....Moscow, Russia
Katherine A. Lyon.....Durham, N. C.
Louise Ethel McAdie.....Rutherford, N. J.
Celia Marie Perry.....Oswego, N. Y.
Lucy C. Sanders.....Stayne, Canada
Bertha Von Kroga.....Berlin, Germany